# Cobequid Consolidated Elementary Old Barns

#### Meal Choice #1

# **JANUARY 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		Chicken Burger & Treat	Chicken Dinner	Walking Tacos
8	9	10	11	12
Bagel Breakfast Sandwich & Hashbrowns	Nuggets & Fries	Donair & Cookie	Ham Dinner	Big Mac Salad
15	16	17	18	19
Pancake & Sausage	Lasagna & Garlic Bread	Shepherd's Pie & Treat	Chicken Bowl	Ham & Cheese Sub & Treat
22 French Toast &	23	24	25	26
Bacon	Cheesy Fries & Treat	Baked Potato Skins & Treat	Mac & Cheese Biscuit	Beefy Cheese Nachos & Treat

### Recess & Lunch Hour (\*when available)

Popcorn Tues. & Thurs.	\$1.00
2% milk-250 ml	\$0.40
Chocolate milk-250 ml	\$1.35
Water-500ml	\$1.00
Baked Chips	\$1.00
*Cookies (warm)	\$0.50
Welch's Fruit Snack	\$1.25

**Daily Specials** (Drink & Dessert Extra)

Meal with white milk or juice is \$ 4.00(No Dessert) Meal with chocolate milk Add \$1.00 (No Dessert)

# Choice #2

Spaghetti & Meatballs	Waffles & Strawberries	Garlic Pizza	Hamburger & Fries	Cobequid Lunchables

OTHER CHOICES: GARDEN SALAD, CHICKEN CAESAR SALAD, GRILL CHEESE & BAKED CHIPS, AND HAMBURGERS & VEGGIES