

**Cobequid Consolidated Elementary  
Old Barns  
February 2019**

**Meal Choice #1**

Monday	Tuesday	Wednesday	Thursday	Friday
28 French Toast & Bacon	29 Mac & Cheese & Garlic Bread	30 Beef Taco Wrap & Frozen Yogurt Tube	31 Chicken Bowl	1 Big Mac Salad
4 Breakfast Sandwich & Hashbrowns	5 Chicken Broccoli Alfredo	6 Loaded Nachos & Treat	7 Ham Dinner	8 Tomato Soup & ½ Tuna Sandwich
11 Pancakes & Ham	12 Lasagna	13 Walking Tacos	14 Chicken Bowl & Treat	15 Cold Cut Sub & Fruit Kabob
18 Maud Lewis Heritage Day. No School	19 Macaroni Tomato Goulash	20 Sloppy Joes & Chips	21 Turkey Soup	22 Homemade Pizza Pocket



**Recess & Lunch Hour**

(\*when available)

Popcorn Tues.	\$1.00
2% milk-250 ml	\$0.40
Chocolate milk-250 ml	\$1.35
Water-500ml	\$1.00
Baked Chips	\$1.00
*Cookies (warm)	\$0.50
Welch's Fruit Snack	\$1.25

**Daily Specials**

(Drink & Dessert Extra)

Sandwich	\$2.50
Veggie Plate & Dip	\$1.25

**Meal with white milk or juice  
is \$4.25**

**Meal with chocolate milk  
\$5.25**

**Meal Choice #2**

Spaghetti & Meatballs	Waffles & Strawberries	Garlic Pizza & Cookie	Cobequid Lunchable	Hamburger & Fries
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